

衛生署署長陳漢儀醫生太平紳士於網上分享會暨 頒獎禮上,讚揚得獎機構將健康身體及好心情的 理念帶入工作間。

Dr. CHAN Hon Yee, Constance, JP, Director of Health, appreciated awardees for bringing the concept of health and joy into workplaces.

師生課餘時間一同跳「護脊操」,舒展筋骨。

計動

Teachers and students were having "Straighten Up Exercises" during the recess to stretch their limbs.





本院屬下幼稚園獲職業安全健康局嘉許

本院向來重視教職員的身心健康,致力為員工建立愉快及健康工作間。早前,屬下 廖恩德紀念幼稚園及香港華都獅子會幼稚園參與職業安全健康局舉辦的「職業健康 大獎2020-21」,競逐「好心情@健康工作間大獎」組別獎項。兩間幼稚園分別 榮獲「超卓機構大獎」及連續4年獲頒「傑出機構大獎」,肯定學校在推廣健康 飲食、體能活動及心理健康方面的優秀表現。

TWGHs Kindergartens Received Recognition by Occupational Safety and Health Council (OSHC)

The Group has always attached importance to the physical and mental health of all its staff, and is committed to creating a pleasant and healthy workplace. Earlier, TWGHs Liu Yan Tak Memorial Kindergarten and TWGHs Lions Club of Metropolitan Hong Kong Kindergarten participated in the "Occupational Health Award 2020-21" held by OSHC to compete for the "Joyful@Healthy Workplace Best Practices Award". The former was awarded a "Grand Award", while the latter was awarded an "Outstanding Award" for the 4th consecutive year, in recognition of their exceptional achievements in promoting healthy eating, physical exercises and mental well-being.











東華三



「特別版紙旗套裝」"Special Edition Flag Sticker Set"

一點支持,多人受惠!欲詢詳情,請致電1878 333查詢或瀏覽 活動專頁https://www.tungwah.org.hk/flagday。

From now until 24 September, anyone who makes a donation of HK\$100 through TWGHs Flag Day event website will receive a sheet of flag stickers (24 pieces) designed by young artist Vivian HO, a certificate of appreciation, and a special edition mouse pad.

Act now to help more people in need! For more details, please call at 1878 333, or simply visit the event page https://www.tungwah.org.hk/flagday.



国像河洪桥市 - 新展和雨 - 站交却止

輕藝術家Vivian Hos 版紙旗乙張 (共24個)

東華三院董事局及冠名贊助人已贊助各項籌募活動的直接開支,亦不會從活動籌得的公眾善款中扣除行政費用,確保公眾善款全數撥用於本院服務。 All direct expenses of fund-raising events have been sponsored by TWGHs Board of Directors and Title Sponsors of the events. No administrative cos deducted from the donations of the general public to ensure that all public donations go directly to our services.



:年董事局



本港女子競步運動員、東華三院伍若瑜夫人紀念中學校友程小雅成為首名港隊代表參與奧運 女子20公里競步賽,本院上下引以為傲。

The Group takes pride in Ms. CHING Siu Nga, Jessica, Hong Kong racewalking female athlete and alumna of TWGHs Mrs. Wu York Yu Memorial College, for being the first Hong Kong representative to have participated in the Olympics Women's 20 Kilometres Race Walk.