#### 服務及收費 Services & Charges

#### 胸肺健康普查計劃 Lung Health Screening Package

檢查項目 Examination		收費 Charge
醫生診症 (包括身體檢查) Doctor Consultation (include Physical Examination)		\$450
肺部 X 光檢查 Chest X-ray		\$200
肺功能測試 Lung Function Test (Spirometry)		\$800
胸部電腦掃描 CT Thorax (Plain)		\$2,800
血含氧量測試 Pulse Oximetry		\$100
呼吸系統科專科醫生講解檢查報告 Report Explanation by Respiratory Specialist		\$500
	總收費 Total Charge	\$4,850
	優惠價 Discounted Charge	\$4,000

### 專科診症 Specialist Consultation

		收費 Charge
呼吸系統專科 Respiratory Specialist Service New	新症 v case	\$580
Old	舊症 d case	\$500

### 及早診斷 • 積極治療

Early Diagnosis & Timely Treatment
Make an appointment for Screening

東華三院醫療中心(北角)
TWGHs Medical Centre (North Point)

# 呼吸系統專科服務

Respiratory Specialist Services

## 開放時間 Opening Hours

星期一至五	9:00am — 1:00pm
Monday to Friday	2:00pm — 5:00pm
星期六 Saturday	9:00am — 1:00pm

星期日及公眾假期休息 Closed on Sundays & Public Holidays

### 電話及地址 Telephone and Address

查詢及預約電話 Enquiry & Appointment	3703 5680
傳真號碼 Fax Number	2157 9053
網址 Website	http://www.tungwah.org.hk/mcnp

地址 香港北角馬寶道28號華匯中心11樓

Address 11/F, China United Centre, 28 Marble Road, North Point, Hong Kong



註1 北行巴士: 10, 23, 27, 38, 42, 63, 65, 82 註: 資料以巴士公司最新公佈為準。

註2東行巴士:601,619,671,680,690 註3東行巴士:2,2A,8H,8X,18,18P,19,77,81,99

註4西行巴士:8H,10,18,18P,23,27,38,42,63,65,77,81,85,99,671 註5西行巴士:2,2A,8X,10,18,18P,19,23,102,106,112,116

服務收費以本院最新公佈為準。內容如有修訂,恕不另行通知。 The updated charges are subject to the announcement of Tung Wah Group. All information is subject to change without prior notice. 東華三院醫療中心(出角)
TWGHs Medical Centre (North Point)

呼吸系統專科服務 Respiratory Specialist Services





### 肺癌

肺癌是香港癌症頭號殺手,每年新症超過 5,000 宗,死亡人數約 4,000 人。吸煙是導致肺癌的最主要原因,約 90% 男性肺癌患者 是煙民,但近年女性肺癌患者的人數呈現上升趨勢,當中許多女性從來不吸煙。

早期肺癌沒有明確病徵,或者只有輕微的徵兆,例如:身體時常感到疲倦、食慾不振、體重下降、持續咳嗽、氣喘、痰中帶血及胸口疼痛等。大部分病人確診患上肺癌時已達中期或晚期,增加了治療的難度。因此高危人士,包括:煙民、家族成員患有肺癌及經常吸食二手煙的人士要對呼吸道疾病保持警覺,定期進行胸肺檢查,包括:肺部 X 光檢查及肺部電腦斷層掃描,以便及早發現肺癌,增加治癒率。

## **Lung Cancer**

Lung cancer is the leading cancer death in Hong Kong. There are over 5,000 new cases of lung cancer and approximately 4,000 deaths due to lung cancer every year. Cigarette smoking is the most important risk factor for development of lung cancer, and approximately 90% of male lung cancer patients are smokers. Prevalence of female lung cancers has a slight rising trend in recent years, and many of them are non-smokers.

Patients with early stage of lung cancer tend to be asymptomatic or only having very non-specific symptoms of fatigue, poor appetite, weight loss, persistent cough, blood-stained sputum or vague chest pain. Therefore, most patients are not diagnosed until the lung cancer is in advanced stage, thus making it more difficult to cure. Persons at high risk of lung cancer including smokers and those with family history of lung cancer or with frequent exposure to second hand smoke should be ever vigilant for respiratory diseases. They should undergo regular health check for the respiratory system, including chest X-ray and computed tomography of the lung to facilitate diagnosis at an earlier stage, which is crucial to improve the treatment and survival.

# 吸煙引起的呼吸系統疾病

根據 2020 年政府衞生署資料顯示,全港有 637,900 煙 民,其中以 40 歲以上的中年及老年人士較為普遍。香煙 釋放焦油、尼古丁和一氧化碳等大量化學物質,對人體 造成嚴重損害;吸煙者有較大機會患上癌症(尤其是肺 癌)、呼吸系統疾病(尤其是慢性阻塞性肺病)、心臟病 和腦血管病。



# **Smoking-related respiratory diseases**

According to the latest Government statistics in 2020, there were about 637,900 daily smokers, and the prevalence is even higher among those aged 40 or above. Cigarettes release many chemicals such as tar, nicotine, carbon monoxide which cause great harm to human body. Cigarette smokers have higher chances for cancers (especially lung cancer), respiratory diseases (especially chronic obstructive pulmonary disease), heart diseases and cerebrovascular diseases.

## 慢性阻塞性肺病

慢性阻塞性肺病是一種會危害生命的漸進性肺病,由肺部出現慢性炎症,導致呼吸道氣流持續受限所致。

慢阻肺病初期病徵並不顯著,例如:氣喘、喘鳴、咳帶痰、容易疲倦、乏力等,經常會被誤以為是年邁力衰所致。患者往往忽略以上 病徵,直至病情惡化以至呼吸系統大受破壞,甚至出現呼吸衰竭的 併發症。

透過適當的檢查,包括:肺部 X 光、肺功能測試及血含氧量測試,可以及早診斷慢性阻塞性肺病,及早接受治療,有效控制病情。

# **Chronic Obstructive Pulmonary Disease**

Chronic Obstructive Pulmonary Disease (COPD) is a progressive lung disease characterised by a persistent reduction of airflow resulting from chronic inflammation in the lung. Major risk factors of COPD are tobacco smoking, outdoor and indoor air pollution, as well as occupational exposures to air-borne pollutants.

COPD is usually undiagnosed in its early stages. Common symptoms of COPD, including shortness of breath, wheezing, chronic cough with sputum, easy fatigue and deterioration in exercise capacity are often ignored or mistaken to be due to aging. People can develop severe impairment in lung function or even respiratory failure when their symptoms become more prominent.

It is therefore important for patients at risk of COPD (especially chronic smokers) to have early screening and assessment of COPD through respiratory tests, including chest X-ray, lung function test and pulse

oximetry. Early diagnosis and appropriate therapy can positively influence disease course, slowing progression, relieving symptoms and reducing the incidence of acute flares or exacerbations.

